



**Colyton Grammar School**  
Self-harm Questionnaire  
30<sup>th</sup> January 2018

Results from 55 students

		Strongly agree/agree	Not sure	Disagree/strongly disagree
1	I now have a greater understanding of what self-harm is.	87%	11%	2%
2	I am more aware of the dangers of self-harm now.	85%	11%	4%
3	I am more aware of the different types of self-harm now.	76%	20%	4%
4	I am aware that boys often self-harm in different ways to girls.	82%	14%	4%
5	I understand that self-harm is progressive and addictive.	89%	9%	2%
6	I am aware of strategies that would help someone who is self-harming.	86%	14%	
7	I know where I would go if I was worried about my friend if they had self-harm issues.	86%	9%	5%
8	I am now more likely to seek support if I had a problem with self-harm.	87%	5%	8%
9	I would recommend Five Lives to other schools	95%	5%	

Comments made from the students:

- Thank you for coming in and telling us about your story.
- I was rather worried about this session because I have experienced self-harm. I'm on the mend for now but the session was very helpful for me and I think it will help me in the long term as well. Thank you.